



PREPARE, BUT DON'T PANIC

CORONA VIRUS

Do's & Don'ts

A simple guide to protect you and your community

SYMPTOMS



Running nose



High fever



Cough & shortness of breath

The Do's



Wash your hands often with soap



Cover your mouth while coughing or sneezing



Wear protective mask and maintain social distancing

The Don'ts



Avoid close contact with anyone with cold or flu like symptoms



Avoid shaking hands and hugging



Do not participate in public gatherings

